

MEASURING BODY MASS INDEX

Amendments to the regulations on Physical Examination of School Children, (M.G.L. Chapter 71, section 57 and 105 CMR 200.00) to improve the screening and monitoring of the health assessment of children across the Commonwealth to include calculating the students Body Mass Index (BMI) were approved in February 2009 and must be implemented in all public schools by June 30, 2011. All 1st, 4th, 7th and 10th grade students in the Wareham Public Schools will have their BMI calculated during the school year. This will be done at the same time that the student has vision and hearing screening. All Parents/Guardians will receive a letter prior to the screening; the letter will detail procedures and will include parents/guardians rights.

All students will be supervised by the school nurse and the child's privacy will be respected at all times. Emphasis on the importance of confidentiality and the appropriate and sensitive communication of the results to parent/guardian will be a priority. Parents/Guardians may make a written request to receive a mailing of the results.

Reviewed by SCPRSCP: January 18, 2011
ADOPTED: January 27, 2011
Reviewed by SCPRSCP: January 14, 2014
AMENDED: January 29, 2014

Ref: 105 CMR 200.000
105 CMR 200.500 October 16, 2013

WAREHAM PUBLIC SCHOOLS, WAREHAM, MASSACHUSETTS